

# Raising Confident Responsible Children



**Systematic Training for Effective Parenting and More**

**Starting May 3, 2017**

***Childcare available upon request - Must be pre booked!***

## **Five Sessions that include:**

- ◆ Understanding yourself and your child
- ◆ Understanding beliefs and feelings
- ◆ Encouraging your child and yourself
- ◆ Listening and talking to your child
- ◆ Helping children cooperate
- ◆ Discipline that makes sense
- ◆ Dealing effectively with stopping behaviours
- ◆ Other topics such as: sibling rivalry and blended families
- ◆ Understanding explosive behaviour in children

**Program for parents with  
Children 4-12 years old.**

**Space is limited.  
For more information or  
registration call:**

**250-674-2600**

The program will run every **Wednesday** for 5 weeks.

**May 3, 2017 to May 31, 2017**

**6:30 - 8:30 pm**

### **Location:**

Yellowhead Community Services  
612 Park Drive, Clearwater, BC

### **Cost:**

\$25.00 - includes  
STEP Handbook

**Facilitators:** Phil Janicki and Curt Osmond. Phil has 37 years experience working with children and parents. Curt is a Family Support Worker with 17 years experience working with children and families.